

# Crossings

January, 2019



By certain metrics, *one year makes me "old hat" at OPC by now. I can now say "last year we did \_\_\_\_" when it comes to events and programs throughout 2019. I have enjoyed getting to know many of you throughout this year in a variety of ways. It truly has felt like home serving as your pastor and I'm eager to see what exciting opportunities this new year holds for us.*

By other metrics, *one year* means I'm still a newbie compared to many of you who have poured many years of your lives into OPC. There is still so much history that I have the opportunity to learn. There are still many relationships I hope to deepen. .

Melody and I have been encountering many NEW things in our own lives. As many of you know, we moved into a new home in December, beginning our lives as first-time homeowners. We've been learning DIY home maintenance at a rapid pace as we have been setting up rooms and making the new house our home. In February, we know our lives will change forever as we anticipate welcoming our first child into our lives: a baby girl. This reality gets more real to us every day and we are incredibly excited to meet her.

As Melody and I navigate all the newness this next year continues to bring us, we are so incredibly grateful to be part of such a loving and nurturing faith community at OPC. I know this community has been a constant source of life for many of you as well in your moments of changing life situations, challenges, and joys.

This year, I'm eager to see our church continue to grow and blossom into what God has in store for us. I'm eager to see the ways we can continue to extend hospitality to all who come through our doors and those we support outside our walls. I'm eager to see us continue to connect with our community around us, grow in our faith alongside one another, serve our neighbors in need, and nurture our powerful sense of belonging together.

If you are seeking a NEW way to commit and serve in 2019, I invite you to consider being a **Sunday Steward**. We have a training session after church on January 27<sup>th</sup> to learn more about these roles. More details can be found in this newsletter.

Are you interested in learning more about OPC or what it means to be Presbyterian? Join us at 9:45am on January 13th for an **Inquirers Class**. This is another great opportunity for those looking to join the church.

Thanks be to God, the one who makes all things new.

Grace and peace,

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## OPC SESSION

### CONNECT TEAM

Cathy Poley  
Jean Cox

### GROW

Elizabeth Parks  
Brock Timmons

### SERVE

Jeff Morris  
Thomas Paterson

### VISION SUPPORT

Mike Lopata  
John Gunter

### OPC DEACONS

Linda Morris, Marianne  
Martin, Rachel Paterson,  
Mike Poley, Kelly Norris

**Connect. Grow.  
Serve. Belong.**

## CHURCH STAFF

### Pastoral

The Rev. Mike Watson  
*Pastor/Head of Staff*  
pastor@opcbrookhaven.org

The Rev. Dr. Linda Hawthorne  
*Parish Associate*

### Program and Support

Renee Reid  
*Office Manager*  
renee@opcbrookhaven.org

Alexandria Stephenson  
*Communications Director*  
alexandria@opcbrookhaven.org

Nick Johns-Cooper  
*Director of Music/Organist*  
nick@opcbrookhaven.org

### Pastor Emeritus

The Rev. Dr. Fitzhugh Legerton

### Ministers

All Members of OPC

### Beverly Moon

*Director*  
beverly@oppbrookhaven.org

### Lynnette Kachel

*Assistant Director*  
lynnette@oppbrookhaven.org

### Preschool

404.233-5479



**Next Deadline for  
Crossings  
January 20, 2019**

## OPC Website Redesign

We are excited to announce a new look and design for our website! Huge thanks to Cathy Poley and our communications director, Alexandria Stephenson, for their work in helping us shape our digital presence. Check it out! [www.opcbrookhaven.org](http://www.opcbrookhaven.org)



### Renee's Health Corner: Tips For Healthy Eating!

Trying to figure out what to eat everyday can be a chore, while it is a good idea to know how to read labels, sometimes you just want to grab something and go on your merry way. In this month's post, I am going to give you some tips for creating a healthy eating plan that does not require a lot of time. **First of all, what is a healthy eating plan?**

A healthy eating plan:

Emphasizes fruits, vegetables, whole grains, and non-dairy, fat-free low-fat milk and milk products.

Includes lean meats, poultry, fish, beans, eggs, and nuts.

Is low in saturated fats, trans fats, cholesterol, salt (sodium), and added sugars. For more information about food groups and nutrition values, visit <http://www.healthierus.gov/dietaryguidelines>.

### Tips for Healthy Eating

Eat breakfast every day.

Choose whole grains more often.

Select a mix of colorful vegetables each day.

Choose fresh, canned, or frozen fruit more often than fruit juice.

Limit the amount of fatty oils you use when cooking

Start by limiting beverages that are high in sugar

Don't Skip Meals-make sure that you eat three meals every day.

## CLERK'S CORNER

Session did not meet in December but approved the following by email vote: Approved Habitat for Humanity Special Offering, approved changing cleaning service from Servicemaster to Vanguard starting in January, approved serving as a neutral pulpit on January 13, and approved communion dates for 2019. Our next meeting is January 20th.

*Oglethorpe Presbyterian maintains an open book policy. All financial reports and session minutes are available at request.*

*Updated financials can always be found on our website at [opcbrookhaven.org/financials/financials.pdf](http://opcbrookhaven.org/financials/financials.pdf)*

## People in Our Prayers

*Lora Murphy; Mike Murphy; David Reep (friend of Cathy Poley); Virginia Quillian; Roberta DaVia; Brian Delinksi; Cyndi Muller (Georgia Gunter's cousin); Bob Adams (friend of the Hawthorne's) Helena Otah Aleh and family; Edyie DaVia; Diane Powell; Julia Anne Bourne (neighbor of the Lopata's); Analise Nisha and her parents (friends of Elizabeth Parks); Horace Cox (father of Bill Cox); Eleanor Davis; All those affected by Hurricane Florence and Hurricane Michael; Shannon Love (Genie Stringer's friend); Lisa LaRogue (Tamara Lopata's friend); Lee Marley; Mary Smith; Mary Ratliff; Cindy Kohlmann and Vilmarie Cintrón-Olivieri (Co-Moderators, Presbyterian Church (U.S.A.)).*

# Monthly Calendar



## Regular Meetings

(except when noted elsewhere)

### Weekly

#### Sundays:

**9:45am** Sunday School & Choir Practice  
**11am** Worship in the Sanctuary

#### Tuesdays:

**10am** Food Pantry at Suthers Center  
**8pm** Alcoholics Anonymous (FH)

#### Wednesdays:

**5:45pm** Centering Prayer (Parlor)  
**7pm** Handbell Practice

#### Fridays:

**10 am** Food Pantry at Suthers Center  
**8pm** Alcoholics Anonymous (FH)

### Monthly

**Third Sundays after Worship**  
Session Meeting

### Stewards Serving Sunday, January 6:

**liturgist:** Margy Jones; **ushers/greeters:** Linda Morris, Jean Cox;  
**ushers/counters:** Brock Timmons, Ethan Gillespie; **sound/open:**  
Mike Lopata; **refreshments:** Mimi Averill; **PowerPoint:** Ric Paterson;  
**nursery:** Jennifer Sterner.

### Stewards Serving Sunday, January 13:

**liturgist:** John Gunter; **ushers/greeters:** Ric & William Paterson,  
Cortlandt Minnich; **ushers/counters:** Nancy Minnich, Adam  
Weaver; **sound/open:** Cortlandt Minnich; **refreshments:** Deborah  
O'Donnell; **PowerPoint:** Mike Poley; **nursery:** Rachel Paterson.

### Stewards Serving Sunday, January 20:

**liturgist:** Elizabeth Parks; **ushers/greeters:** Charles Hawthorne,  
Jeff Chance; **ushers/counters:** Amy Chance, Georgia Gunter;  
**sound/open:** Jeff Morris; **refreshments:** Emily Texter; **Power-**  
**Point:** Kelly Norris; **nursery:** Jean Cox.

### Stewards Serving Sunday, January 27:

**liturgist:** Jeff Morris; **ushers/greeters:** Rachel & Thomas Paterson,  
Emily Texter; **ushers/counters:** Carl Texter, Charles Hawthorne;  
**sound/open:** Bill Cox; **refreshments:** Eleanor Timmons;;  
**PowerPoint:** Brock Timmons; **nursery:** Gabby Paterson.

## Sermon Series: Church at Work

The Atlanta Metro is a busy place with so many people hard at work with careers and home lives. Staggering numbers of commuters fly through our airport alone. What keeps us so busy? How does the church fit into our packed schedules? How can we follow the example of Christ and the early church in seeking out how to use our gifts, time, and talents to further the work of Christ in all that we do? Let's get to work!

### Sunday, January 20

Second Sunday in Ord. Time  
1 Corinthians 12:1-11  
Mike Watson Preaching

### Sunday, January 27

Third Sunday in Ord. Time  
1 Corinthians 12:12-31a  
Mike Watson Preaching

### Sunday, February 3

Fourth Sunday in Ord. Time  
1 Corinthians 13:1-13  
Mike Watson Preaching

### Sunday, February 10

Fifth Sunday in Ord. Time  
Luke 5:1-11  
Sue Westfall Preaching

### Sunday, February 17

Sixth Sunday in Ord. Time  
Luke 6:17-26  
Sue Westfall Preaching

### Sunday, February 24

Seventh Sunday in Ord. Time  
Luke 6:27-38  
Mike Watson Preaching

## Christmas through Baptism Sunday

### Sunday, December 30th

1st Sunday after Christmas  
Luke 2:41-52  
Instrumental Sermon:  
Nick Johns-Cooper

### Sunday, January 6

Epiphany Sunday  
Matthew 2:1-12  
Mike Watson Preaching

### Sunday, January 13

Baptism of the Lord  
Luke 3:15-17, 21-22  
Andy Acton Preaching

### **Presbytery Volunteer Day @ Atlanta Community Food Bank**

Join your OPC friends for a fun service project at the Atlanta Community Food Bank on Presbytery Volunteer Day, Saturday, January 12, 2019, from 9:00 a.m. until noon. We will sort food donations in a warehouse setting (to music, no less!) for future distribution to Atlanta's neediest families. Carpooling from OPC will be available. We last did this in September 2017, and it was an amazingly good time! If you are interested, please contact Jeff Morris (770-452-1799).

### **MLK Day @ Mercy Community Church**

On Monday, January 21, 2019, a group from OPC will go to our mission partner Mercy Community Church on Ponce de Leon Avenue to fellowship with the congregants there and then help serve lunch "on the street" to people who are homeless. We plan to carpool from OPC early that morning. If you are interested in joining us, please contact Jeff Morris at (770) 452-1799.

### **Dinner Off Buford**

In January we are resuming our culinary adventures with Dinner Off Buford. Join us Thursday, January 17 at 6:30 pm as we sample Japanese cuisine at Nakato Japanese Restaurant. For more details and to RSVP, contact Amy Chance HawkeyeCA@aol.com

### **Stewards Sunday Training**

Are you a Sunday Steward? Interested in serving as a Sunday Steward? The Connect team is planning a training session after worship on Sunday, January 27th for the following areas: PowerPoint, nursery, greeters, ushers, liturgists, and refreshments.

### **Alternative Gift Market Update**

OPC's Alternative Gift Market on December 2 and 9, 2018 generated a total of **almost \$1000** for Mercy Community Church, Suthers Center Food Pantry, and a pair of goats for a family in the developing world! Thank you for your generous support!

### **Oglethorpe Presbyterian Church**

**Worship: 11am • Christian Education: 9:45am**

**404.233.5469 • www.opcbrookhaven.org • info@opcbrookhaven.org**

DATED MATERIAL